**PK:  
**

**Members Names:**

**PIZZA INGREDIENTS - DAY #1**

3 cups flour  
1 1/2 teaspoon sugar  
1 1/2 teaspoon salt  
1 cup warm water  
1 Package yeast  
1 Tablespoon oil

**Directions:**

1. _________________ Pour warm water into bowl
2. _________________ Add 1/2 Cup flour to bowl
3. _________________ Stir water and flour to make a “sponge” like consistency
4. _________________ Add yeast
5. _________________ Stir with wooden spoon until yeast is mostly dissolved
6. _________________ Measure sugar into bowl
7. _________________ Measure salt into bowl
8. _________________ Measure oil into bowl
9. _________________ Slowly add in the rest of flour in 1/2 Cup increments
10. _________________ When dough is no longer sticking to your hands begin kneading it.
11. _________________ Use the heel of your hands to press in and then fingers to pull it back
12. _________________
13. __ EVERYONE ____________ Take a turn kneading the dough (3 pushes/pulls each)
14. _________________
15. _________________ Test the dough for completeness of kneading by poking it with your finger, it should spring back if it does not spring back continue kneading, it should feel like your ear lobe
16. _________________ Lightly oil hands over the sink and then coat the outside of the dough ball with oil to prevent it from sticking to the Ziploc bag when rising
17. _________________ Label a Ziploc bag with group names and set # with TAPE AND SHARPIE
18. _________________ Place the oiled dough into a Ziploc bag, securely close the top
19. _________________ Place directly in the freezer
Clean Up

13. ________________ set up sink w/ **HOT** water and soap

14. ________________ get dish towels (used for drying wet dishes) & dish clothes (used to wash dishes)

15. ________________ wash and rinse dishes w/ **HOT** water

16. ________________ dry dishes

17. ________________ wipe tray clean, and stack cleaned and dried dishes back on tray

18. ________________ wipe stove top and **DRY** dish towel

19. ________________ wipe counters and table top w/ **WET** dish cloth

20. ________________ sweep floor (broom and dustpan located by the windows)

21. ________________ rinse food and soap suds out of sinks

22. ________________ dry and sparkle sinks and faucet

23. ________________ Put dirty dish towels and dish clothes into appropriate laundry basket

24. **Everyone** ___________ Initial that you completed your assigned jobs, turn in recipe sheet to teacher