Whichever side looks like this goes over 1st then under
Leave loops big – do your over-under knot and push up to tighten wings.
Make a 2nd loose knot to form lower set of wings, push up again with your over/under knot.
Continue over/under knots until desired length, loop size 3/or run out of string.

Trim ends. Ms. Osor will singe.